



Eco-Healthy Child Care®

This is a list of the additional resources
referenced in the EHCC Fact Sheets.

Air Quality

- California Air Resources Board, School Health
www.arb.ca.gov/research/health/school/school.htm
- Indoor Air Quality Issues for Child Care Facilities
www.azdeq.gov/ceh/download/indoorair.pdf

Arsenic: Treated Wood and Water

- **EHCC FAQs** on Chromated Copper Arsenate (CCA)
<http://www.cehn.org/files/CCA.pdf>

Household Chemicals Resources

- Green Cleaners
www.metro-region.org/index.cfm/go/by.web/id/1400
- Low-VOC Paint
www.eartheasy.com/live_nontoxic_paints.htm
- How to Clean Your House without Hurting the Planet
www.grist.org/advice/possessions/2003/03/18/possessions-cleaning

Improving Nutrition and Promoting Physical Activity

- The Organic Center's review of recent studies comparing phytochemical levels in organic versus conventional foods. Still No Free Lunch: Nutrient levels in US food supply eroded by pursuit of high yields
www.organic-center.org/reportfiles/Yield_Nutrient_Density_Final.pdf
- I am Moving, I am Learning - Head Start
<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Nutrition/Nutrition%20Program%20Staff/IMIL/IamMovingIam.htm>
- MyPlate
<http://www.choosemyplate.gov/>

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c/o Children's Environmental Health Network
110 Maryland Ave. NE Suite 402 | Washington, DC 20002
202.543.4033, ext. 13

Lead Resources

- **EHCC FAQs** on Lead in Tap Water
www.cehn.org/files/LeadInTapWater.pdf
- List of EPA-accredited labs that perform water testing at the tap by state
<http://water.epa.gov/scitech/drinkingwater/labcert/statecertification.cfm>
- Agency for Toxic Substances and Disease Registry (ATSDR)
www.atsdr.cdc.gov/toxfaqs/tf.asp?id=93&tid=22
- Healthy Toys
<http://www.healthystuff.org/departments/toys/>
- “The Lead-Safe Certified Guide to Renovate Right”
www.epa.gov/lead/pubs/renovaterightbrochure.pdf
- Finding a Qualified Lead Professional for Your Home
www.epa.gov/oppt/lead/pubs/broch32e.pdf
- Lead-Safe Certified Firms
cfpub.epa.gov/flpp/searchrrp_firm.htm

Mercury Resources

- **EHCC FAQs** on Mercury
www.cehn.org/files/Mercury.pdf
- U.S. EPA: Fish Consumption Advisories
www.epa.gov/mercury/advisories.htm
- Mercury spills, cleanup and disposal
www.epa.gov/mercury/spills/index.htm
- Mercury in Fish and Shellfish
water.epa.gov/scitech/swguidance/fishshellfish/outreach/advice_index.cfm
- Mercury in the Environment
www.usgs.gov/themes/factsheet/146-00/
- Monterey Bay Aquarium Seafood Watch
www.mbayaq.org/cr/SeafoodWatch.asp
- Toxipedia Mercury
www.toxipedia.org/display/dose/Mercury
- Mercury in Schools
www.mercuryinschools.uwex.edu/
- National Mercury Reduction Programs Database
www.newmoa.org/prevention/mercury/programs/index.cfm
- The Gelfond Fund for Mercury Research & Outreach
www.stonybrook.edu/commcms/gelfond/

Pesticides and Pest Management Resources

- **EHCC FAQs** on Integrated Pest Management
www.cehn.org/files/IPM.pdf
- The IPM Institute of North America, Inc.
www.ipminstitute.org/
- Beyond Pesticides
www.beyondpesticides.org
- UC Statewide Integrated Pest Management Program
www.ipm.ucdavis.edu
- California School Integrated Pest Management Program
apps.cdpr.ca.gov/schoolipm/
- Pest control tips and programs for child care centers:
www.spcpweb.org/childcare/
- Shopper's guide to pesticides in produce
www.foodnews.org/pdf/EWG_pesticide.pdf
- State laws regarding pesticide use in school settings:
www.npmapestworld.org/publicpolicy/documents/Dec2011StateSchoolLaws_RulesAKMA.pdf
- Pesticide Action Network of North America (PANNA)
www.panna.org
- Integrated Pest Management: A Curriculum for Early Care and Education Programs
www.ucsfchildcarehealth.org/pdfs/Curricula/ipm/Curriculum_FINAL%2010.2010.pdf

Recycling Resources

- The Green Guide's Green Living
www.thegreenguide.com/
- EPA: Municipal Solid Waste
www.epa.gov/epawaste/nonhaz/municipal/index.htm
- Californians Against Waste
www.cawrecycles.org/living_green/benefits_of_recycling
- LEED by the US Green Building Council
www.usgbc.org/

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